

BOTULINUM A TOXIN

Newtown
medispa

PRE TREATMENT INSTRUCTIONS

- Avoid taking Aspirin, Non-steroidal Anti-Inflammatory Drugs (NSAIDS) such as Motrin, Vitamin E, Ginger, Ginko, Bilboa, Ginseng, and Garlic 10-14 days prior to the procedure. These drugs and herbs may cause excessive bleeding or bruising.
- Arnica pills can be taken prior to your treatment to help with bruising.

POST TREATMENT INSTRUCTIONS

- Do not touch the treated area for an 8 hour period.
- Remain upright for 3-4 hours.
- No exercise on day of treatment.
- No sunbeds for 7 days.
- No facials, chemical peels or laser resurfacing treatments for 7 days.
- Periodically tense the treated muscles during the first 3-4 hours.
- Do not consume excessive alcohol for 24 hours post treatment.

If you have any questions or concerns, please call us at **203-304-9725**.

Also, please allow up to 7 days to achieve full effect. After this time, if you are not sure that the results have met your expectations, please call us for a follow up appointment.

Newtown MediSpa, 123 S. Main St. #115, Newtown, CT, Ph: 203-304-9725